

Brain Health Referral Screen

Question	Yes or No
Are you over the age of 65 and have not recently seen a specialist regarding your cognitive health?	
Have you ever seen a neurologist, neuropsychologist, or other doctor or mental health professional for a reason related to your brain health?	
Have you noticed changes in your cognitive abilities (memory, attention, processing speed, impulse control, etc.) lately?	
Have you noticed any abnormal changes in your sleep, motor abilities, day-to-day thinking, stress, or ease of activities of daily living?	
To your knowledge, do you have any risk (genetic or otherwise) for Alzheimer's, dementia, Parkinson's, or other neurological conditions?	
Have you noticed changes in your attention (ability to filter distractions, focusing for longer periods of time, staying focused on	
Have you noticed changes in your memory (things you are supposed to do, names and faces, recall of events, etc.)?	
Have you noticed changes in your impulse control, short term memory, ability to easily think differently, organization, and/or planning skills?	
Have you noticed changes in your motivation to perform activities that you used to, challenges with completing or starting tasks?	
Have you noticed changes in your reaction time or the amount of time it takes to recall information, learn information, or process information?	

If you answer "Yes" to any of these questions, we recommended consulting with a medical professional, such as your primary care physician, neurologist, neuropsychologist, and/or psychiatrist for guidance and screening in relation to risk factors related to brain health.

Name:
Primary Goals:

Date:

